



THE STUDENT WELLNESS PROJECT

2023 EVENT SCHEDULE

The Student Wellness Project meets Thursdays after school and select days during breaks. Participants attend workshops, job shadow, and volunteer.

PROGRAM BENEFITS

-  Develop your professional skills
-  Earn volunteer hours
-  Take trips to San Diego
-  Create a new community of friends
-  Acquire skills to land a job in the future
-  Earn a scholarship upon completion

REGISTER FOR YOUR EVENTS TODAY!

SCAN OR CLICK THIS QR CODE TO REGISTER



For questions or assistance, please contact:
CALEXICO HIGH SCHOOL - Jamie Arteaga, sp.jarteaga@cusdk12.org
AURORA HIGH SCHOOL - Destiny Ruiz, sp.druiz@cusdk12.org

SEPTEMBER 2023

- THURSDAY, SEPTEMBER 7 | 3:30 p.m. - 5:00 p.m.**
Student Wellness Project Orientation
Calexico High School
- THURSDAY, SEPTEMBER 14 | 2:45 p.m. - 4:15 p.m.**
Student Wellness Project Orientation
Aurora High School
- THURSDAY, SEPTEMBER 21 | 3:15 p.m. - 6:15 p.m.**
ASSET® Day 1A & 1B
Family Resource Center, CAP Center

OCTOBER 2023

- THURSDAY, OCTOBER 5 | 3:15 p.m. - 6:15 p.m.**
ASSET® Day 2A & 2B
Family Resource Center, CAP Center
- THURSDAY, OCTOBER 12 | 3:15 p.m. - 6:15 p.m.**
ASSET® Labs: Formula Five™ & Cooperative Communication Play™
Family Resource Center, CAP Center
- THURSDAY, OCTOBER 19 | 3:15 p.m. - 6:15 p.m.**
Think.Feel.Read.® Picture Book Lab & SEL Focus Group
Family Resource Center, CAP Center
- THURSDAY, OCTOBER 26 | 3:15 p.m. - 6:15 p.m.**
ASSET® Labs: Formula Five™ & Cooperative Communication Play™
Family Resource Center, CAP Center

NOVEMBER 2023

- THURSDAY, NOVEMBER 9 | 3:15 p.m. - 6:15 p.m.**
Think.Feel.Read.® Picture Book Lab & SEL Focus Group
Family Resource Center, CAP Center
- THURSDAY, NOVEMBER 16 | 3:15 p.m. - 6:15 p.m.**
ASSET® Labs: Formula Five™ & Cooperative Communication Play™
Family Resource Center, CAP Center
- TUESDAY, NOVEMBER 21 | 7:00 a.m. - 7:00 p.m.***
ASSET® Labs: Formula Five™ & Cooperative Communication Play™
San Diego, California
**Exact times to be determined. More details regarding our San Diego trip will be finalized prior to our event.*

DECEMBER 2023

- THURSDAY, DECEMBER 7 | 3:15 p.m. - 6:15 p.m.**
Think.Feel.Read.® Picture Book Lab & SEL Focus Group
Family Resource Center, CAP Center
- THURSDAY, DECEMBER 14 | 3:15 p.m. - 6:15 p.m.**
ASSET® Labs: Formula Five™ & Cooperative Communication Play™
Family Resource Center, CAP Center
- THURSDAY, DECEMBER 21 | 3:15 p.m. - 6:15 p.m.**
Think.Feel.Read.® Picture Book Lab & SEL Focus Group
Family Resource Center, CAP Center